healthwatch Wiltshire

May 2021

Young volunteers create mental health guide



A team of <u>Young Healthwatch Wiltshire</u> volunteers have created their own guide to local mental health support for children and young people.

The guide follows on from a list for adults, produced by members of our <u>Mental Health</u> <u>Open Forum</u>, as a way of helping people to find the right support for them quickly and easily.

Both lists are now <u>available to download</u> from our website.

Read more

Our priorities for the year ahead



We've now set our health and social care priorities for 2021-22, based on what we've been hearing from you in the past year. They are:

- Mental health
- Primary care
- Children and young people
- Hospital discharge pathways

Look out for more on our new projects and how you can get involved in the coming months.

As Covid-19 restrictions ease, we're really looking forward to getting out and about again to hear more about what matters to you, so keep an eye on our website and our social media channels for where we'll be heading this summer.

Visit our website

Experiences of a Place of Safety



Experiences of using Bluebell Unit, Place of Safety >

What happens when you're taken to a Place of Safety?

We spoke to people who have been through a mental health crisis about their experiences of being detained and taken to the Bluebell Unit in Devizes.

We're very grateful to everyone who talked to us and wish them all the best for the future.

Read our report

Busy start to the year highlighted in latest report

healthwatch Wiltshire



Find out more about the work we've been doing since the start of 2021, which includes the launch of our survey <u>asking people with autism</u> to share their views, and inviting people to <u>apply for a grant</u> from our Community Cash Fund scheme.

Our mental health forum members also <u>created their</u> <u>own guide to services in Wiltshire</u>, and we were delighted to achieve the <u>Investing in Volunteers award</u>.

Read more

Stay up to date with changes as restrictions ease



Our website offers a range of advice and information to help keep you up to date with the latest changes in health and social care.

New articles include the latest guidance on <u>care home</u> <u>visits</u>, <u>which Covid-19 test</u> is right for you, and where to get support for <u>maternal mental health</u>.

Read more

Share your thoughts on services with us



You can help services improve care for you, your loved ones and your community by sharing your experiences with us. Get in touch and tell us what you think.

Call: 01225 434218 from 10am-4pm Monday to Friday.

Email: info@healthwatchwiltshire.co.uk

Write to: Healthwatch Wiltshire, Freepost RTZK-ZZZG-CCBX, The Independent Living Centre, St George's Road, Semington, Trowbridge, BA14 6JQ.

You can also share your views on our website.

Tell us what you think



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