



# We are Healthwatch



Healthwatch is here to make care better.



We speak up for people who use health and **social care** services.



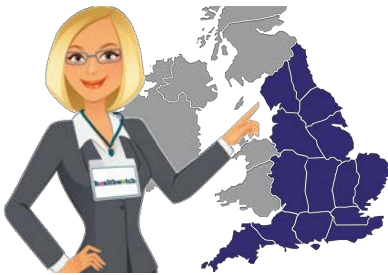
**Social care** is help when it is difficult to look after yourself.



Healthwatch is an independent organisation.



We do not charge for our information and advice.



There is a local Healthwatch in every area of England.



We listen to the views of local people.



We share these views with professionals to improve services.

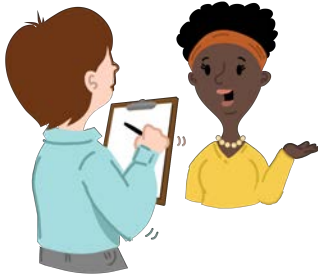


We encourage services to involve people in deciding how they should improve.



## Speaking up for people

We speak up for people who use health and social care services.



We find out what matters to people and help to change health and care services for the better.



We listen to you and then share your views with people who can do something about it.



We tell the government and health and care managers how they should do things better.



We take action based on what people need.



## Helping you get the right services

Sometimes it is difficult to know where to go to get the help you need.



We will help you find the right service to get the support you need that is right for you.

## Get in touch



If you have a question, or need help finding advice and information about health and social care services why not get in touch with your local Healthwatch?



Please share your experiences with Healthwatch to help make services better where you live.



Website: [www.healthwatch.co.uk](http://www.healthwatch.co.uk)

Email: [enquiries@healthwatch.co.uk](mailto:enquiries@healthwatch.co.uk)

Telephone: 03000 683 000